

BEHAVIORAL THERAPISTS FOR TICS AND TOURETTE SYNDROME IN TEXAS

Austin Center for Anxiety and Related Disorders

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This listing is not based upon a direct investigation of these professionals, nor does TSA have the facility to assess their competence in treating specific cases of Tourette syndrome. It is suggested that you contact your local medical society for further information and that you personally question and investigate each therapist to better assess his/her suitability for your particular needs. When making an appointment, we suggest that you ask about fees for treatment and we encourage you to ask about health insurance plans that are accepted by those therapists you choose to contact.

Additional resources:

**These are not CBIT-specific therapists. Rather, these are therapists that provide cognitive behavioral therapy and specifically address anxiety, stress and OCD-type behaviors. The therapeutic approaches used by these therapists can be helpful for individuals with tics or Tourette Syndrome. This list is simply meant as a resource guide, and is not an endorsement regarding the skills or training of the listed therapists, or the potential efficacy of their treatments.

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